COVID-19 – Operational Plan

Richardson Associates (1993) Limited	
565 North River Road	
Charlottetown, PE	
C1E 7J1	

Primary Contact:	Robert L. Sear, P.Eng., President
Telephone:	902-566-4044
email:	bsear@ral93.com

Revision #	Date
Plan Implementation	03/16/2020
Revision #2	06/01/2020
Revision #3	01/05/2021

Background

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Measures used to maintain physical distancing	Steps taken to ensure minimal interaction of people. (2 metres separation)
Between Employees	Workspace / desks are currently positioned to maintain minimal interaction of employees.
Between Employees and Clients	Masks are required to be worn by all Clients /visitors to our office. Any Client / Visitor meetings are undertaken in the Boardroom. The maximum capacity of the boardroom has been reduced to 4 to ensure social distancing is adhered to. Social Distancing signs are posted in public areas

2. Illness / Exclusion Policy for Employees with Symptoms of COVID-19

Employee guidelines for anyone displaying symptoms of COVID-19.

- All staff must self-monitor for symptoms and report if they have concerns about possible COVID exposure or possible symptoms.
- Any staff member developing symptoms of COVID-19 at work must immediately perform hand hygiene, report to manager, avoid contact with staff and leave as soon as it is safe to do so. Please call 811 to arrange testing.
- Symptomatic staff will be required to self-isolate until tested for COVID-19 and the results are confirmed.
- If the test results are negative for COVID-19 but the staff member remains ill and/or symptomatic, they should remain on sick leave.

- Cough (new or exacerbated chronic)
- Headache
- Fever/chills
- Sore throat
- Marked fatigue
- Sneezing
- Congestion
- Body aches
- Runny nose

Cleaning removes visible soil and/or dirt from surfaces. Cleaning works by using soap and water to physically remove germs from surfaces.

Disinfecting kills germs on surfaces. Disinfecting works by using chemicals to destroy germs.

Ensure to CLEAN visibly dirty surfaces, prior to DISINFECTION.

Health Canada has a list of disinfectants that have demonstrated that they are likely to be effective against COVID-19. The list is available at the following website: <u>https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html</u>

Shared Areas and Surfaces that will be cleaned and disinfected regularly:

Location	Frequency ¹
Doorknobs, light switches	Beginning of each workday
Washroom faucet / taps	Beginning of each workday
Toilet flush handle	Beginning of each workday
Lunch counter surface / faucet / taps	Beginning of each workday
Water Station	Beginning of each workday

¹Not all shared areas and surfaces necessarily need to be cleaned at the same frequency as disinfection. If the shared area and/or surface is visibly dirty, it should be cleaned prior to disinfection.

4. Hand Washing /Sanitizer Stations

- Wash hands often with soap and water for at least 20 seconds (in addition to routine times such as after using the washroom) or use hand sanitizer with at least 60%-80% alcohol if soap and water are not available. Hand Washing should be done:
 - Before, during and after food preparation
 - Before eating food
 - After using the Toilet
 - After blowing your nose, sneezing or coughing
 - After touching garbage
 - Any time you enter or leave the building

- Cough and sneeze into a tissue or sleeve, then throw the tissue in the trash and wash your hands.
- Avoid touching your eyes, nose and mouth with your hands.
- Use alcohol-based hand sanitizer if soap and water are not readily available.

Hand Washing Stations	Location
Staff	Lunch CounterWashroom
Public	Washroom
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Staff	 Lunch Counter Washroom Each staff has hand sanitizer at their desk
Public	 Sanitation station located at office entrance door with signage. Washroom

5. <u>Gatherings / In office Meetings:</u>

Gatherings within the office have been suspended until further notice unless deemed necessary for project meetings, discussions. When face-to-face meeting are required within the office, they shall take place in the boardroom. The maximum number of attendees is **FOUR (4)**. When attendees / guests from outside the office visit for meetings they shall:

- Wear a mask at all times when in the office.
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- Sign in at the guest registry providing information for contact tracing.

In Addition, every reasonable step shall be taken to ensure minimal interaction of people (including employees and/or clients) within two metres of each other.

- Zoom / Microsoft Teams and other virtual meeting platforms are to be the standard for meeting clients when discussing projects.
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- Encourage sick employees to stay home.
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- If employees must travel together, follow the Guidance on <u>Public Health Measures Travelling</u> in <u>Vehicles</u>.
- Avoid sharing of equipment and office supplies.
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- Non-medical masks must be used when physical distancing cannot be maintained. Non-medical masks are not a replacement for any of the above measures.
- Further information related to COVID-19 please refer to the following links:
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